

Sexual Addiction Education and Support Calendar



October 2009

SATURDAY

03

Recovering Yourself with Michael Alvarez, MFT

This lecture is designed to help evolve the emotional tools needed to protect and parent yourself first, while also facing the ongoing challenges of sex, relationship and love addiction recovery.

10

Understanding our Families of Origin with Rob Weiss LCSW, CSAT

How do sex addicts learn to live and love so imperfectly? How do spouses learn to put up with and even love such difficult, distant people? Many of the answers lie in the lessons learned growing up and are the focus of this lecture.

17

Transforming Wounded Sexuality with Korina Jochim MA, MFTI

What happens to sex after early recovery? How can sex be successfully and positively incorporated into the healthy life of a sex addict and his or her partner? This lecture will propose a model of healthy intimacy and sexuality for individuals and couples in recovery.

SATURDAY

24

Healthy Communication with Gregory Pospisil, MA, MFTI

Learning to manage the conflicts that plague intimate relationships is half the battle for any sex addict in a primary relationship or even those just beginning to date. This lecture will demonstrate and encourage simple, practical methods of intimate communication.

31

Sex Addiction 101 with Rob Weiss LCSW, CSAT

How can sex be an addiction? Isn't that just an excuse for bad behavior? How can something not a 'drug' be addictive? This lecture will introduce a basic model for understanding sex and porn addictions and other similar 'process' addictions.

topics and dates continue on other side

10:00 - 11:15 am Lecture

11:30 - 1:00 pm Facilitated Support Groups for addicts and spouses

\$20 per person, Reservation not required

Individuals and Couples Welcome

Presenters:

Michael Alvarez, MFT, is a licensed marriage and family therapist and an internationally recognized expert in addiction treatment, expert testimony, and forensic evaluation.

Korina Jochim, MA, SRI addiction specialist, is a graduate of Antioch University, Los Angeles. Korina has a background in chemical dependency, dual diagnosis treatment, and working with sexual and relationship issues.

Andrew Halladay, MA, SRI addiction specialist and psychotherapist, is a graduate of Harvard College and Antioch University Los Angeles. He specializes in treating sex addicts.

Linda Hatch, PhD; SRI psychologist has a wide range of professional experience including community psychology, student counseling, forensic assessment, expert testimony and private practice.

Sharon O'Hara, MFT, SRI Clinical Director, is a Love & Sex columnist for Steps For Recovery newspaper. Sharon has 18 years of experience working with sex addicts, offenders, and their families.

Gregory Pospisil, MA, SRI addiction and treatment specialist, has an extensive background working in the field of chemical dependency and sexual addiction.



Robert Weiss, LCSW, CSAT, is SRI Executive Director and a nationally acknowledged sexual addiction treatment and training professional. Rob has authored multiple books on sexual addiction recovery and

is a frequent expert for the US Military, the major North American treatment centers as well as a sexual disorders expert to Larry King Live, Anderson Cooper 360 and NBC News.

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topics and dates continued from other side

November 2009

SATURDAY

7

Healthy Boundaries

with Sharon O'Hara MFT

How to say no and mean it—without being mean? How to bring someone closer to you—without feeling overwhelmed by him or her? The answer to these questions lies in learning and maintaining healthy relationship boundaries—physical, emotional and sexual.

14

Family Genograms: Where we came from and what gets passed on

with Andrew Halladay MA, MFTI and Korina Jochim MA, MFTI

This material invites attendees to consider addiction from a multi-generational perspective with a focus on learning to identify and release dysfunctional patterns of relating and intimacy.

SATURDAY

21

Dependency Needs – The pain of needing each other

with Rob Weiss LCSW, CSAT

If sexual acting out is the symptom, then what is the real problem? What triggers the desire to sexually act out and how can that be avoided? Why does the recovery process “work if you work it?” This lecture offers the basics of understanding sex addiction from a psychological perspective and the personality issues that all sex addicts have in common.

December 2009

SATURDAY

5

Sex Addicts & their Partners:

Seeing Ourselves, Seeing one Another

with Gregory Pospisil, MA, MFTI

This dynamic, brief workshop brings addicts and partners together to explore and express the challenges, patterns, gifts and frustrations of living with addiction in our lives.

12

Lid Love: Understanding Love and Relationship Addiction

with Sharon O'Hara, MFT

A powerful yet amusing look at everything you ever wanted to know about fixing your romantic relationships, as well as an investigation into how you got here in the first place.

SATURDAY

19

Embracing an Attitude of Gratitude

with Rob Weiss LCSW, CSAT

The uncovering of an active addiction in oneself or a relationship can invite confusion, pain and even hopelessness. Yet those in recovery are promised “they will not regret the past nor wish to shut the door on it.” This last lecture of 2009 is focused on making lemonade out of the lemons in our lives and finding ways to be grateful for even the most difficult of times.

THE SEXUAL RECOVERY INSTITUTE

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REACH OUT. GET HELP. CALL SRI. 310-CALL-SRI (310-225-5774)

www.sexualrecovery.com

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