

Partners of Sex Addicts Intensive Workshop

"My spouse went to treatment and I'm left holding the family together—what about me?" "I don't know if I want to stay or leave."

"Is this really an addiction or just some excuse for bad behavior?"

Over three intensive days, we will tackle many of the complex issues related to recovery from the trauma involved with being in relationship with a sex addict. Educational and interactive, this workshop is designed to empower you to feel more in control of your emotional roller coaster as you struggle with your recovery options.

- ◆ Break free from codependent labels as you investigate the sexual addiction recovery cycle
- Come to terms with shame-based core beliefs
- ✦ Heal your trauma through centering and other grounding exercises
- Transform unhealthy family dynamics
- Access ways to set personal boundaries
- ✤ Incorporate stages of healthy intimacy
- When: February 24th, 25th & 26th (Thursday, Friday & Saturday) 10am to 6pm each day
- **Cost:** \$1000 for three days
- Who: Spouses/partners of sex addicts

Where: The Sexual Recovery Institute 914 S. Robertson Blvd. Suite #200 Los Angeles, CA 90035

Contact: Bill Owen, Intake Director 310-360-0041, ext. 205 or email: bowen@thesri.com

Limited space available; 50% deposit required to reserve your place.

www.SexualRecovery.com 310.360.0130

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